

JANUARY 2025 CALENDAR:

- **Monday, 20th, Office Closed for MLK federal holiday.**
- **Tuesday, 21st PHA Board Meeting: Noon, Columbia Arms community room**
- **Dower Square annual inspections begin mid-January**

FEBRUARY 2025 CALENDAR:

Tuesday, 4th: Together Tuesday @ Columbia Arms community room
PHA's Veronica Warren facilitates "Together Tuesday" at our sites 5-6:30 p.m. It has been a very successful program and begins this February, fun with games, music, arts and crafts.

Wednesday 2/5/25, You are not alone in grief - 1:30-3:00 @ Providence Court.

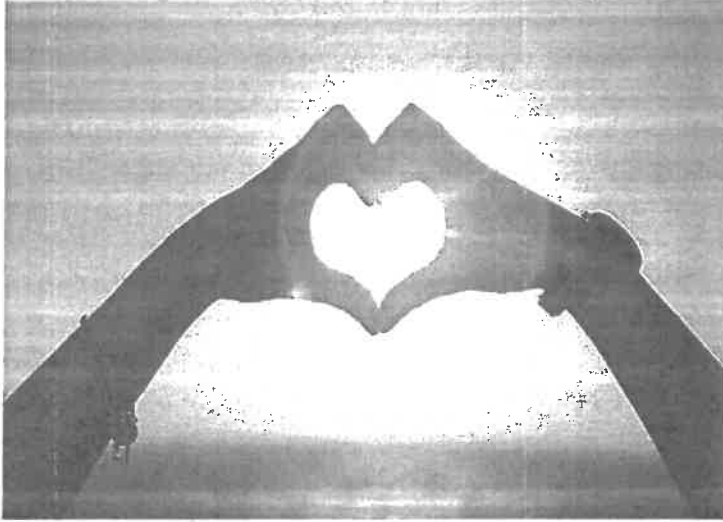
Workshop led by Hospice Services in the Berkshires. All residents from any site are welcome. Refreshments will be served.

- **McGill Court** State unit inspections begin.
- **PHA Scattered Sites** for state housing recertifications begin and annual inspections
- **Dower Square:** Federal rent recertifications begin and annual inspections continue.

TENANT RESOURCES:

PHA Resident Services Coordinator (**RSC**) **Christie Amlaw:** email: christieA@upside413.org or by phone: 413-358-5616. Christie will help with tenant paperwork, filing for rental assistance. All meetings are confidential.
Onsite hours: **Monday:** 9-11a.m. Columbia Arms & 1-3p.m.
Providence Court : **Friday:** 9-11 a.m. Rose Manor, 11:30-2:30
Wahconah Heights & 3p.m.-4p.m. @ Francis Plaza.

We'd like your suggestions of activities you'd like on site.



Rachel Lively bereavement coordinator for Hospice Services in the Berkshires Partnering with the Pittsfield Housing Authority will facilitate a heartfelt discussion on the topic, "You are not alone in grief"

Wednesday, February 5, 2025, Providence Court Community Room, 379 East St. Pittsfield from 1:30 p.m.-3:00 p.m. Refreshments served.

[i carry your heart with me(i carry it in)]

By e. e. cummings

i carry your heart with me(i carry it in
my heart)i am never without it(anywhere
i go you go,my dear;and whatever is done
by only me is your doing,my darling)

i fear

no fate(for you are my fate,my sweet)i want
no world(for beautiful you are my world,my true)
and it's you are whatever a moon has always meant
and whatever a sun will always sing is you

here is the deepest secret nobody knows
(here is the root of the root and the bud of the bud
and the sky of the sky of a tree called life;which grows
higher than soul can hope or mind can hide)
and this is the wonder that's keeping the stars apart

i carry your heart(i carry it in my heart)